Easy DOT Exam
Accurate • Updated • Fast
www.easyDOTexam.com

DOT Medical Clearance: DEPRESSIVE DISORDER

DOT Physical Exam Medical Clearance

Patient _____

Date _____

DOB _____

The above driver has presented for a DOT medical certificate to drive a commercial motor vehicle. Per Federal Motor Carrier Safety Administration medical guidelines, we ask for your professional opinion to determine if the driver is medically cleared to operate a commercial vehicle and that s/he meets the following FMCSA medical guidelines for drivers with a history of **DEPRESSIVE DISORDER**:

FMCSA GUIDELINES FOR HISTORY OF DEPRESSIVE DISORDER

- Driver is asymptomatic and complies with treatment
- Driver does not have an active psychosis or any of the following prominent symptoms:
  - Substantially compromised judgment
  - Attention difficulties
  - Suicidal behavior or ideation
  - Personality disorder that is repeatedly manifested by overt inappropriate acts
- 6 months symptom-free following a nonpsychotic major depression unaccompanied by suicidal behavior
- 1 year symptom-free following a severe depressive episode, a suicidal or manic episode

The demands of a commercial driver include loading/unloading heavy cargo, tarping trailers, coupling/uncoupling trailers, inspecting brake lines and putting on tire chains and require perceptual skills to monitor a complex driving situation and judgment skills to make quick decisions in addition to the ability to control an oversize steering wheel, shift gears using a manual transmission, maneuver a vehicle in crowded areas, enter and exit the cab frequently, and the ability to climb ladders on the tractor/trailer.

Easy DOT Exam
Accurate • Updated • Fast
www.easyDOTexam.com

DOT Medical Clearance: DEPRESSIVE DISORDER

*If the driver **meets** the above requirements and your recommendation is that the driver can operate a CMV safely, please sign and date below.*

_____ _____

Provider's Signature ***Date***

*If the driver **does not meet** the above requirements and your recommendation is that the driver **cannot** operate a CMV safely, please sign and date below.*

_____ _____

Provider's Signature ***Date***

*If the driver **does not meet** the above requirements **and it is your opinion that the driver should be allowed** to drive a commercial vehicle, DOT medical examiners may use discretion if there is sufficient medical reasoning for why the guidelines should not be followed. Should this be the case, please identify in the area below which guideline is not met, and the medical reason the driver is safe to drive.*

_____

_____

_____

_____ _____

Provider's Signature ***Date***

PRINT PROVIDER'S NAME _____

Address (City, State, Zip): _____

Return this letter to the patient's medical examiner by fax/email:

_____

Thank you for your assistance.