

DOT Medical Clearance: HYPERTROPHIC CARDIOMYOPATHY

DOT Physical Exam Medical Clearance

Patient _____

Date _____

DOB _____

The above driver has presented for a DOT medical certificate to drive a commercial motor vehicle. Per Federal Motor Carrier Safety Administration medical guidelines, we ask for your professional opinion to determine if the driver is medically cleared to operate a commercial vehicle and that s/he meets the following FMCSA medical guidelines for drivers with a history of **HYPERTROPHIC CARDIOMYOPATHY**:

FMCSA GUIDELINES FOR DIAGNOSIS OF HYPERTROPHIC CARDIOMYOPATHY

Although the diagnosis of Hypertrophic Cardiomyopathy is generally considered disqualifying for Commercial Motor Vehicle Drivers, with the recognition that not all patients with HCM are at high risk of sudden incapacitation, individuals who meet the following low risk criteria can be considered for certification if followed closely:

- No history of cardiac arrest
- No spontaneous sustained ventricular tachycardia
- No nonsustained VT
- No family history of premature sudden death
- No syncope
- LV septum thickness < 30 mm

The demands of a commercial driver include loading/unloading heavy cargo, tarping trailers, coupling/uncoupling trailers, inspecting brake lines and putting on tire chains and require perceptual skills to monitor a complex driving situation and judgment skills to make quick decisions in addition to the ability to control an oversize steering wheel, shift gears using a manual transmission, maneuver a vehicle in crowded areas, enter and exit the cab frequently, and the ability to climb ladders on the tractor/trailer.

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If the driver **meets** the above requirements and your recommendation is that the driver can operate a CMV safely, please sign and date below.

Provider's Signature

Date

If the driver **does not meet** the above requirements and your recommendation is that the driver **cannot** operate a CMV safely, please sign and date below.

Provider's Signature

Date

If the driver **does not meet** the above requirements **and it is your opinion that the driver should be allowed** to drive a commercial vehicle, DOT medical examiners may use discretion if there is sufficient medical reasoning for why the guidelines should not be followed. Should this be the case, please identify in the area below which guideline is not met, and the medical reason the driver is safe to drive.

Provider's Signature

Date

PRINT PROVIDER'S NAME _____

Address (City, State, Zip): _____

Return this letter to the patient's medical examiner by fax/email:

Thank you for your assistance.