

DOT Medical Clearance: PARKINSON'S DISEASE

DOT Physical Exam Medical Clearance

Patient _____

Date _____

DOB _____

The above driver has presented for a DOT medical certificate to drive a commercial motor vehicle. Per Federal Motor Carrier Safety Administration medical guidelines, we ask for your professional opinion to determine if the driver is medically cleared to operate a commercial vehicle and that s/he meets the following FMCSA medical guidelines for drivers with a history of **PARKINSON'S DISEASE**:

FMCSA GUIDELINES FOR HISTORY OF PARKINSON'S DISEASE

- Shows mild symptoms only, as indicated by a Hoehn and Yahr Stage 1 or less and 90% or higher on the Schwab and England ADL Scale.
- Tolerates medications without cognitive, motor or other side effects that might affect driving.
- Shows no significant fluctuations in motor response or "on-off" effects.

The demands of a commercial driver include loading/unloading heavy cargo, tarping trailers, coupling/uncoupling trailers, inspecting brake lines and putting on tire chains and require perceptual skills to monitor a complex driving situation and judgment skills to make quick decisions in addition to the ability to control an oversize steering wheel, shift gears using a manual transmission, maneuver a vehicle in crowded areas, enter and exit the cab frequently, and the ability to climb ladders on the tractor/trailer.

DOT Medical Clearance: PARKINSON'S DISEASE

If the driver **meets** the above requirements and your recommendation is that the driver can operate a CMV safely, please sign and date below.

Provider's Signature

Date

If the driver **does not meet** the above requirements and your recommendation is that the driver **cannot** operate a CMV safely, please sign and date below.

Provider's Signature

Date

If the driver **does not meet** the above requirements **and it is your opinion that the driver should be allowed** to drive a commercial vehicle, DOT medical examiners may use discretion if there is sufficient medical reasoning for why the guidelines should not be followed. Should this be the case, please identify in the area below which guideline is not met, and the medical reason the driver is safe to drive.

Provider's Signature

Date

PRINT PROVIDER'S NAME _____

Address (City, State, Zip): _____

Return this letter to the patient's medical examiner by fax/email:

Thank you for your assistance.